

Spring 2017 Newsletter

Asking the right questions and meeting the painters!

*"If you don't ask the right questions,
you don't get the right answers. A
question asked in the right way
often points to its own answer"*

Edward Hodnett, *The Art of Problem Solving*

Welcome to the Spring 2017 edition of the Cumbria Members Group newsletter. Our aim is to support the professional development of Chemical Engineers in our area, for all ages and levels of experience. Please get in touch with any ideas on how we can help you more.

Asking the right questions

Asking the right question sits at the heart of communication and problem solving. Too often, we can fall into the trap of asking closed questions, missing the opportunity to benefit from the wider experience that the other person may have. This is particularly important for trainees when they meet with their IChemE mentors.

To help our younger engineers, we organised an interactive session, facilitated by Lisa Griffin who works as a leadership coach for the NHS Cumbria Partnership Foundation Trust.

Prior to the session, attendees were asked to prepare by thinking of a particular career or professional development problem that they currently have. Once we covered some of the theory from Lisa, we split up into groups to work through our problems, coached by other attendees armed with their new knowledge.

Lisa explained a simple model for us all to use when working through problems like this - GROW



